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MĀORI TRUST BOARD



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YOUTHTOWN



Cheques payable to: Waipahihi School PTA
Post to: Contact Ironkidz Entries, 20 Parata Street, Taupo
To arrive before 14 February 2014

We acknowledge the Tūwharetoa Maori Trust Board for providing access to Lake Taupō to hold this event.

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**Waipahihi School
Presents**

Wairakei Estate 

IRONKIDZ
TAUPO NZ 2014
TRIATHLON



A Fun Triathlon for 7-15 year olds

Elite Section for the more serious athletes

Sunday, 23rd February 2014

Lakefront Reserve—opposite Mere Road

Registration is 3:00—5:30pm Saturday 22nd
Feb Waipahihi School, 20 Parata Street
Or 7:30am Sunday 23rd Feb for Out of Town
Competitors and Late Entries

Event starts from 9:00am

Enter online and receive a \$5.00 discount
www.ironkidz.com

All funds raised from this event will go towards purchasing sunshades for Waipahihi School playgrounds.

CONTACT IRONKIDZ TRIATHLON 2014

Sunday, 23rd February 2014

A fun triathlon for children 7-15 years old to experience the thrill of participating in their own version of Ironman. All entrants will receive a medal and certificate. The event will proceed—rain or shine! Any safety decision will be made on the day by the Event Co-ordinator. School Participation Prize (two age groups: 7-10 and 11-15) Money and Trophy to be won. \$300 1st Prize, \$200 2nd Prize, \$100 3rd Prize

REGISTRATION...

Registration is from 3:00 - 5:30 pm at the Waipahihi School Hall on Saturday, 22nd February 2013. **Out-of-town** and **late** entries may register from 7:30am on Sunday, 23rd February on the Lakefront Reserve. Entry forms should be filled out and posted, with payment to Ironkidz Entries to be received by Friday, 14th February 2014. Late entries will be accepted on the day but will not be eligible for the School Participation Prize.

RACE BRIEFING...

8:30AM - ALL PARTICIPANTS **MUST** ATTEND

THE SWIM...

7-10 years - 100 metres
11-15 years - 200 metres



Lakefront close to shore. Lifeguards and kayakers will be in the water.

Provided Swim caps MUST be worn for this leg

TRANSITION TO BIKE

Children exit the water and proceed to Bike Transition

NO SUPPORTERS ALLOWED IN THE TRANSITION AREA!!!!!!

Every bike and helmet must be checked and meet safety requirements before bike is racked.

NO bikes may be removed from Transition before ALL COMPETITORS have completed the event

IMPORTANT



THE CYCLE...

7-10 years - 4km (1 lap)
11-15years - 8kms (2 laps)

Approximately 4 km circuit along Lake Terrace to Yacht Club car park.
Back to Lake Front Reserve to Transition Area to start the run leg.
NO SUPPORTERS ALLOWED ON THE COURSE!!!!

Helmet, a shirt (or tri-suit) and shoes MUST be worn on this leg

THE RUN...

7-10 years - 1km
11-15 years - 2km



From Bike Transition, children will run southbound on the footpath then return on the cobbled Lions' Walk. Follow marshal's directions.

A shirt (or tri-suit) and shoes MUST be worn on this leg

ELITE IRONKIDZ

10-15 YEAR OLDS ONLY - MUST BE COMPETENT SWIMMERS. NO TEAMS.

Start time approx. 11am with a role call at 10.45am in the marshalling area at the start of the swim.

THE SWIM—Shore start: swim 300 metres out, parallel with the shore and back in

THE CYCLE—12 km circuit to Yacht Club car park and back three times

THE RUN—3 km Run - follow Marshals' directions

Trophies for 1st, 2nd and 3rd places, Medals for other competitors. This event will be timed.
Time guidelines apply to each leg

PRIZE GIVING

All Finishers will be eligible for Prizes



SPLASH AND DASH

5 - 7 year olds.

Children do not need to be able to swim and parents can accompany their child if they wish. Entrants do not count towards school participation prize. Numbers limited to first 160. Start time between approx. 10.00am-10.30am, 50m splash and 550m dash. There will be signs for assembly/start point and there will be a short safety briefing.

Splash 50m

Dash 550m

Early Bird Special

Have your entry in by Tuesday, 4th February 2014 to be in the draw to win the Early Bird Prize **worth at least \$100**
Early Bird winner will be announced at Prize Giving